

**2008 CHILD CARE WORKSHOP SERIES
SCHEDULE**

Wiring Infants and Toddlers for Success

Tuesday, April 29 (7:00 - 9:00 p.m.)

**Douglas/Sarpy Extension
8015 West Center Road**

As a result of this workshop, families and child care professionals will:

- Understand how the brain develops and is "wired".
- Understand the importance of environmental influences on brain development.
- Be able to foster a child's early competency in ways associated with later academic achievement, work performance and social adaptation.
- Facilitate activities with children to enhance their brain development.
- Provide a developmentally appropriate, stimulating environment for children to maximize their brain development.

*** The book, *Fun to Play, Ready to Learn*, with additional activities will be available for purchase for \$11.77 (tax included) if desired.**

Creating a Healthy and Safe Eating Environment

Tuesday, June 24 (7:00 - 9:00 p.m.)

**Douglas/Sarpy Extension
8015 West Center Road**

As a result of this workshop, families and child care professionals will:

- Be able to prepare food and serve consistently using best practices for food safety and sanitation.
- Understand basic nutrition principles and dietary guidelines.
- Be able to encourage a positive experience with food and eating.

S.A.F.E. Outdoor Play Areas

Wednesday, August 20 (7:00 - 9:00 p.m.)

**Douglas/Sarpy Extension
8015 West Center Road**

As a result of this workshop, families and child care professionals will:

- Understand the ABC's of supervision.
- Be able to describe the factors to consider in selecting and installing surfacing materials in outdoor play areas.
- Be able to develop age appropriate activities for outdoor play areas.
- Be able to develop a maintenance plan for outdoor play areas.
- Be able to develop a supervision plan for outdoor play areas.
- Be able to assess their outdoor play areas using a checklist for safety.

Be Safe, Play Safe (Fire Safety)

(October is National Fire Safety Month)

Thursday, September 4 (7:00 - 9:00 p.m.)

**Douglas/Sarpy Extension
8015 West Center Road**

As a result of this workshop, families and child care professionals will:

- Be able to understand children's perception of fire and a child's limited ability to understand the dangers of fire.
- Be able to teach fire safety and how to provide a fire safe environment.
- Be able to teach children 4 lessons: my friend the firefighter; stop, drop, and roll; crawl low under smoke; Safe for Play! Keep Away!

(Participants will each receive a kit of materials to teach these lessons.)

Connecting Children with Nature through Education

Wednesday, October 29 (7:00 - 9:00 p.m.)

**Douglas/Sarpy Extension
8015 West Center Road**

As a result of this workshop, families and child care professionals will:

- Understand the research benefits of children spending more time outdoors and making connections to the natural world.
- Understand how to assist children by helping them interpret experiences in the natural world.
- Be able to assist children in developing observation skills, high-functioning visual memory and ability to learn math, science, and literacy from their interactions with nature.
- Be able to develop experiences and activities to increase children interaction with nature.

Detach and Return the Lower Portion to Register

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____ E-Mail: _____

Please register me for the following sessions:

Wiring Infants and Toddlers for Success
____ Tuesday, April 29 (7:00 - 9:00 p.m.) Extension Central Office

Creating A Healthy and Safe Eating Environment
____ Tuesday, June 24 (7:00 - 9:00 p.m.) Extension Central Office

S.A.F.E. Outdoor Play Areas
____ Wednesday, August 20 (7:00 - 9:00 p.m.) Extension Central Office

Be Safe, Play Safe - Fire Safety (October is National Fire Safety Month)

____ Thursday, September 4 (7:00 - 9:00 p.m.) Extension Central Office

Connecting Children with Nature through Education
____ Wednesday, October 29 (7:00 - 9:00 p.m.) Extension Central Office

Enclosed is my check for _____ sessions x \$12.00 = Total Payment Enclosed _____

Make Checks Payable To: Douglas/Sarpy Extension

Mail To: UNL Extension Douglas/Sarpy, 8015 West Center Road, Omaha NE 68124

2008 CHILD CARE WORKSHOP SERIES



Designed for Early Childhood Professionals, Parents, and Foster Parents
Sponsored by University of Nebraska Extension
In Douglas/Sarpy Counties



UNIVERSITY OF NEBRASKA - LINCOLN EXTENSION
educational programs abide with the non-discrimination policies of the
University of Nebraska-Lincoln and the United States Department of Agriculture

Douglas/Sarpy County Extension
8015 West Center Road
Omaha NE 68124

Non-profit Organization
U.S. Postage
PAID
Omaha NE 68124
Permit No. 1357

Child Care Workshop Series

Dates: 4/29, 6/24, 8/20, 9/4, 10/29

Location: Douglas/Sarpy Extension
8015 West Center Road
Omaha, NE 68124

Time: 7:00 - 9:00 p.m.

Format: These live presentations will be live and incorporate many teaching tools: powerpoints, videos, hands-on activities and plenty of handouts. Mary Nelson, extension educator trained in child development, will present four of the programs. Nancy Urbanec, extension associate trained in nutrition and food safety, will share her expertise in the foods program. You may choose to attend one, all, or any combination of these programs.

Certification: Each participant will receive a certificate at the end of each session, verifying attendance and the issuance of 2-hours of continuing education credit.

Registration: Pre-register by sending in your registration and payment to:
University of Nebraska Extension Douglas/Sarpy Central Office
8015 West Center Road
Omaha NE 68124

A minimum of 10, pre-registered paid participants are required for each session. Packets will be prepared for each registered participant. For more information call 444-7804.

Cost: \$12.00 Per person, per program. This Series is being sponsored by the University of Nebraska - Lincoln Extension in Douglas/Sarpy Counties.

These programs are not developmentally appropriate for children to attend.

