

2008 CHILD CARE SATELLITE WORKSHOP SERIES SCHEDULE

The In and Outs of Good Circle Time

(A 2004 Favorite Repeated)

Thursday, March 13 (7:00 - 9:00 p.m.)

Wednesday, March 26 (6:15 - 8:15 p.m.)

☞ *What works? What doesn't?*

☞ *Great circle time transitions*

☞ *Ideas to make circle time fun*

Douglas/Sarpy Extension

8015 West Center Road

The Art and Science of Playing with Young Children

(A 2004 Favorite Repeated)

Thursday, April 17 (7:00 - 9:00 p.m.)

Wednesday, April 23 (6:15 - 8:15 p.m.)

☞ *When to step back*

☞ *Practical tips to keep play going*

☞ *Learn cues when a child is finished playing*

Douglas/Sarpy Extension

8015 West Center Road

Parents: Friends or Foes?

(A 2006 Favorite Repeated)

Thursday, May 15 (7:00 - 9:00 p.m.)

Tuesday, May 20 (6:15 - 8:15 p.m.)

☞ *What makes parents act the way they do?*

☞ *Quality care - parents and providers working together*

☞ *Tips on handling bad feelings*

Douglas/Sarpy Extension

8015 West Center Road

How to Get Parents on Your Team

(A 2006 Favorite Repeated)

Wednesday, June 18 (7:00 - 9:00 p.m.)

Thursday, June 26 (6:15 - 8:15 p.m.)

☞ *Plans for daily communication with parents*

☞ *Learn what you can share with parents and what stays confidential*

☞ *Ways to plan and prepare for good parent meetings*

☞ *What works, what doesn't with varied groups of parents*

Douglas/Sarpy Extension

8015 West Center Road

Fighting Children's Obesity through Active Play

(A 2006 Favorite Repeated)

Tuesday, July 8 (7:00 - 9:00 p.m.)

Tuesday, July 29 (6:15 - 8:15 p.m.)

☞ *How much activity do children at various ages need?*

☞ *Ways to encourage children to be active*

☞ *The relationship of active play to obesity prevention*

☞ *Changes you can make in your program to increase children's activity*

Douglas/Sarpy Extension

8015 West Center Road

Let's Talk Discipline

(A 2003 Favorite Repeated)

Tuesday, August 12 (7:00 - 9:00 p.m.)

Thursday, August 14 (6:15 - 8:15 p.m.)

☞ *Prevent behavior problems before they happen*

☞ *Teach children to solve their own problems*

☞ *What to do instead of "time out"*

Douglas/Sarpy Extension

8015 West Center Road

Activities for Learning Math: (Numbers, Colors, Shapes)

(A 2003 Favorite Repeated)

Tuesday, September 9 (7:00 - 9:00 p.m.)

Wednesday, September 24 (6:15 - 8:15 p.m.)

☞ *New ideas for math learning*

☞ *Low cost - no cost, fun activities*

☞ *Helping parents understand what children are learning*

☞ *Setting up the room for math learning*

Douglas/Sarpy Extension

8015 West Center Road

Avoid Behavior Problems - Teach Self-Control

(A 2006 Favorite Repeated)

Wednesday, October 8 (7:00 - 9:00 p.m.)

Tuesday, October 14 (6:15 - 8:15 p.m.)

☞ *Help children develop thinking skills*

☞ *Teach children to solve problems*

☞ *Guide children to explore options*

Douglas/Sarpy Extension

8015 West Center Road

What Children Really Need to Start School

(A 2002 Favorite Repeated)

Thursday, November 6 (7:00 - 9:00 p.m.)

Tuesday, November 18 (6:15 - 8:15 p.m.)

☞ *Learning what children really need (and don't need) before starting school*

☞ *Simple things you can do to prepare children*

☞ *Help parents understand what children need*

☞ *Start infants and toddlers on the right path*

Douglas/Sarpy Extension

8015 West Center Road

Detach and Return the Lower Portion to Register

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____ E-Mail: _____

Please register me for the following sessions:

The Ins and Outs of Good Circle Time

____ Thursday, March 13 (7:00-9:00 p.m.) Extension Central Office

____ Wednesday, March 26 (6:15-8:15 p.m.) Extension Central Office

The Art and Science of Playing with Young Children

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Enclosed is my check for _____ sessions x \$10.00 = Total Payment Enclosed _____

**Make Checks Payable To: Douglas/Sarpy Extension
Mail To: UNL Extension Douglas/Sarpy, 8015 West Center Road, Omaha NE 68124**

2008 BETTER KID CARE

SATELLITE WORKSHOP SERIES

Designed for Early Childhood Professionals, Parents, and Foster Parents
Sponsored by University of Nebraska Extension
In Douglas/Sarpy Counties



UNIVERSITY OF NEBRASKA - LINCOLN EXTENSION
educational programs abide with the non-discrimination policies of the
University of Nebraska-Lincoln and the United States Department of Agriculture

Douglas/Sarpy County Extension
8015 West Center Road
Omaha NE 68124

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Satellite Workshop Series

- Dates:** 3/13, 4/17, 5/15, 6/18, 7/8, 8/12, 3/26, 4/23, 5/20, 6/26, 7/29, 8/14,
9/9, 10/8, 11/6 9/24, 10/14, 11/18
- Location:** Douglas/Sarpy Extension Douglas/Sarpy Extension
8015 West Center Road 8015 West Center Road
Omaha, NE 68124 Omaha, NE 68124
- Time:** 7:00 - 9:00 p.m. 6:15 - 8:15 p.m.
- Format:** The first 75 minutes will be a satellite transmission from Penn State University, which will be presented in an upbeat, magazine format. Mary Nelson, extension educator trained in child development, will present the remainder of each program. You may choose to attend one, all or any combination of these programs.

Certification: Each participant will receive a certificate at the end of each session, verifying attendance and the issuance of 2-hours of continuing education credit.

Registration: Pre-register by sending in your registration and payment to:
University of Nebraska Extension Douglas/Sarpy Central Office
8015 West Center Road
Omaha NE 68124

A minimum of 10, pre-registered paid participants are required to hold each session. Packets will be prepared for each registered participant. For more information call 444-7804.

Cost: \$10.00 Per person, per program. This Series is being sponsored by the University of Nebraska - Lincoln Extension in Douglas/Sarpy Counties.

These programs are not developmentally appropriate for children to attend.